

# Run for fun, fitness with Fenton Payne & Fred 5K

by Toni Marshall

The race is on and there'll be fun in the backstretch as runners across Middle Tennessee prepare for the Second Annual Fenton Payne and Fred 5K Run to be held at Middle Tennessee State University.

On Saturday, Aug. 20, runners and walkers will embark on a flat and fast certified course on the campus of MTSU. Hailed as one of the largest races in Rutherford County and with 461 participants last year, event coordinators expect the race to attract more than 600 runners and walkers this year.

The event is named for Dr. Fenton Payne Hardison and Dr. Fred Lovelace, long-time pals and residents of Murfreesboro. The race has its roots in the pair's passion for the competitive sport as well as their continuous support of MTSU athletics and Middle Tennessee Medical Center.

Competing in various races across Middle Tennessee for many years, Hardison and Lovelace often discussed their hopes of one day creating the perfect racecourse. After years of discussion, Dr. Mark Hardison, son of Dr. Payne Hardison, decided to do just that.

"It's basically honoring ... two

men who love the sport and who are very important to me," said Mark Hardison. "The support from those in the Murfreesboro community who know and respect the two was overwhelming, and we decided to do it again this year."

More than \$1,000 in prizes will be given away, and ChampionChip timing will be provided courtesy of the Nashville Striders. Proceeds from event registration fees will benefit the Blue Raider Athletic Association and the MTMC Foundation. Last year, the BRAA received more than \$13,000 from the event.

"This event is put together to not only benefit the charities involved,

but it is a fun family event," said Linda Watson, BRAA staff member.

The entire community is encouraged to attend and participate in the day's events.

"Walkers and runners can look forward to a well-put-together race, a ton of fun and plenty of door prizes," said event coordinator Brenda Wunder.

Participants or donors may call the BRAA office at 615-898-2210 or register online at [www.active.com](http://www.active.com) through Thursday, Aug. 18. If you are interested in volunteering at this year's event, contact Wunder at 615-904-8240.

## 'Raise your hands high ...'

'DON'T STAND ASIDE'—Participants in the third annual Southern Girls Rock & Roll Camp dance, cheer and shoot video, center right, as folk-rock veterans The Indigo Girls make an unannounced appearance in MTSU's Tucker Theatre. Between acoustic performances of hits like "Galileo," "Closer to Fine" and "Go," the Indigos—Amy Ray and Emily Saliers, shown far right—discussed their music, social activism and the importance of young women "arming [them]selves with knowledge to understand every aspect of the music business, from the legal side to fixing [their] own amps." In the photo below, campers Holli Hagan, 13; Audra Brown, 14; and Kayla Cooper, 14, laugh and dance stageside as Ray sings lead and Saliers plays mandolin on "Dairy Queen." The duo's Aug. 2 visit was one of the camp's daily "guest artist performances," which also included stops by Forget Cassettes, The Features, Courtney Tidwell, Lisa Baker and Atomic Blonde.

photos by J. Intintoli



## 25 freshmen await Lightning Leadership Camp

by Randy Weiler

Twenty-four entering MTSU freshmen from Tennessee and one from Alabama will participate in the annual Lightning Leadership Camp Aug. 23-25 at the Youth Inc. Circle Y Ranch in La Vergne, Deana Raffo, director, leadership development, said.

This marks the third year for the freshmen to attend as part of the Lightning Leadership Learning Community and fifth year overall for the camp, Raffo added.

"This year will be different because we'll spend two nights (off-campus)," Raffo said. "This will give the students more opportunity to spend time together. We will do more games. A three-day format allows giving them more free time that we didn't have in the schedule before."

The nine male and 16 female Lightning Leadership Camp attendees are a "cross-section" of the entering freshman population, Raffo said. About 40 percent (10) received major scholarships. All were leaders in their respective high schools

and were recruited into the program, she said.

"They want to get involved on campus and make a difference," Raffo said.

The camp is held off-campus in a rustic setting on Percy Priest Lake, where the focus is on getting to know one another, team building, learning about MTSU history and traditions, and having fun, Raffo said.

"Since it's the fifth year, I'm trying to back off and make it more student-led," said Raffo, who added that six former campers will serve as student coordinators. Raffo also has made use of a student intern, Mandie Thacker, who is a senior organizational communication major from Seymour.

"She has been working on this all summer to recruit students, correspond with them and working out the logistics like meals and developing games," Raffo said.

The Lightning Leadership Olympics and ropes course will be two of the highlight events the students will be performing, she said, adding that they will be split into three teams with two coordinators per team.

The coordinators will include juniors Jose Becton of Cordova (organizational communication major), Jaclyn Game of Lenoir City (organizational communication) and Brad Hutson of Collierville (radio/television); and sophomores Brittany Mebane of Gleason (foreign language), Brandon Palma of La Vergne (organizational communication) and Ginger Warf of Belvidere (advertising/public relations).

Camp participants will include Kelly Adams of Auburn, Ala.; Lauren Arnold, Robert Burnham, Michael Dillon, Stephen Luter and Heather Rollins of Murfreesboro; Neal Bratton, Elizabeth Lee, Dustin Lombardo and Dani Westerman of Dickson; Karen Brown of Petersburg; Laura Butterworth of Goodlettsville; Catherine Caldwell of Jackson;

Ashley Hall of Brush Creek; Heather Moulder of Woodbury; Jon Pearson of Adamsville; Danielle Ross, Amber Tarvin and Chayla Ward of Memphis; Jonathan Secrest of Arrington; Gary Smith of Elgin; Samantha Stahlman of Newbern; Jenny Stracener of Soddy-Daisy; Brent Walker of Manchester; and Whitney Wallace of Old Hickory.